



Payment by Punch Pass:

6 Classes-\$28 Resident/\$30 Non Resident
15 Classes-\$52 Resident/\$55 Non Resident

March

Fitness Classes

Granada Gym and Fitness Center

533-7757

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 6-7pm Spin	4. 9-10am Pilates 6-7pm Pilates 7:15-8:15pm Beginner Zumba	5 4:30-5:30pm Kids Zumba	6 9-10am Pilates	7 8:30-9:30am Spin
8	9 9-10am Pilates 6-7pm Pilates	10. 6-7pm Spin	11. 9-10am Pilates 6pm FREE Health Coaching 6-7pm Pilates	12. 8:30am FREE Arthritis Seminar 7:30pm FREE Arthritis Seminar	13 9-10am Pilates	14 8:30-9:30am Spin
15	16 9am FREE Hypnosis Seminar	17 5:30pm FREE Hypnosis Seminar	18. 7:15-8:15pm Beginner Zumba	19. 4:30-5:30pm Kids Zumba	20	21 8:30-9:30am Spin
22	23 9-10am Pilates 6-7pm Pilates	24 6pm FREE Health Coaching 6-7pm Spin	25 9-10am Pilates 6-7pm Pilates 7:15-8:15pm Beginner Zumba	26 4:30-5:30pm Kids Zumba	27 9-10am Pilates	28 8:30-9:30am Spin
29.	30. 9-10am Pilates 6-7pm Pilates	31. 6-7pm Spin				